“We Make Dreams Happen”

“Pizza” by CCARC Artists, Kevin & Vicky

For more information about CCARC please visit www.ccarc.com or call 860-229-6665.
CCARC, Inc. was founded in 1952 by a group of concerned parents of children with intellectual disabilities, such as Down Syndrome, and other developmental disabilities. Together they formed an association to encourage one another and explore educational, social and vocational options for their children.

Today, CCARC, Inc. is a leading private, nonprofit charitable 501 (c) (3) organization dedicated to providing personalized services to adults living with intellectual disabilities and a variety of physical challenges.

CCARC offers an array of day services from our main facility in New Britain. Individual and Family Support Services assist approximately 200 men and women and provide numerous opportunities for social, community and work experience. We also support nearly 75 adults in a total of thirteen community-based residential settings located throughout Central Connecticut.

CCARC’s services are licensed by the State of CT Department of Developmental Services and the State of CT Department of Social Services. All programs are in compliance with state and federal regulatory entities.
Toast To Fashion – March 20, 2015

Location: St. George Greek Orthodox Hall, New Britain, CT
Chairperson: Patty Strazzulla

Event Sponsor $5,000
Associated Insurance Services

Dream Sponsors $2,500
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The Honorable Robert
& Cathy Vacchelli
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Special Thanks To
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Berlin Spirits
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Mark Marzi
Marzi Florists
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Keith Selander
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First & Last Tavern
Green Tails Market

Messages from Our President & Chief Executive Officer

Dear Friends:

Even in the face of serious financial challenges, it is once again my sincere privilege to share with you a most remarkable year for CCARC. With grateful thanks to friends, sponsors, committed and devoted parents, our community, city and state partners, we were able to continue providing outstanding and superior services to those exceptional individuals we are honored to serve.

Giving credit where credit is due, I applaud our CEO Anne Ruwet for recognizing and recruiting exceptional volunteer and professional leadership. Thanks also to the remarkable staff of CCARC who fulfill our mission to “Make Dreams Happen!” It is no small wonder that the annual fashion show, golf tournament and annual appeal have successfully helped us bridge the financial gaps we face. The record breaking support of these events provides the margin of excellence to serve people with intellectual disabilities.

Importantly, CCARC has gained new recognition in our communities with widespread media coverage sharing how we give substance to the dreams of our clients. I invite all to catch the joy of knowing those who need us more than words can communicate.

Dear Friends:

In conversation with community members and colleagues in the human service field, I am often asked this question…“How is your agency doing?” In spite of the fiscal challenges we face year after year due to the lack of state funding, I must say “we are doing great.” And, that is due to the ongoing support of our Board of Directors, Corporators, local businesses and corporations, donors, volunteers and other friends who have embraced our mission to “Make Dreams Happen.”

My gratitude goes out to everyone, including staff, family members and the people we are privileged to support for their advocacy over the past year. They diligently delivered the message that #PeopleMatter by attending public hearings and lobby days or sending e-mails to our state partners.

Thanks to our hardworking staff, CCARC continues to creatively and efficiently balance its resources without impacting the quality of care provided to the wonderful people who receive our services. These individuals face the daily struggle of living with significant intellectual and physical disabilities, yet their unique personalities, resiliency, and grateful hearts continue to be my daily source of inspiration!

Anne L. Ruwet, Chief Executive Officer
CCARC, Inc.

“Always believe in your dreams, because if you do not, you’ll not have hope.”
– Mahatma Gandhi

Richard L. Judd, Ph.D., President
CCARC, Inc.

“Always believe in your dreams, because if you do not, you’ll not have hope.”
– Mahatma Gandhi

~ Mahatma Ghandi
CCARC Board of Directors 2015-2016

CCARC, Inc. is overseen by a voluntary Board of Directors with experience from a variety of disciplines, including family members and individuals with intellectual disabilities.

OFFICERS: June 1, 2014 – May 31, 2016
Richard Judd, President*
Ernestine Weaver, 1st Vice President*
Harry Sitilides, 2nd Vice President*
Cathy Vacchelli, Secretary
Michael Carrier, Immediate Past President*

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DIRECTORS AT LARGE: June 1, 2014 – May 31, 2017
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CHIEF EXECUTIVE OFFICER
Anne Ruwet

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Julie Erickson, Senior Vice President
Maureen Cardone, Chief Operating Officer
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Abigail McNeal, Vice President of Residential Services
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Dawn D’Amato, Vice President of Development

44th Annual Golf Open – September 10, 2014

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Hartford Symphony Orchestra
Noreen Hills
Hill-Stead Museum
Hospital for Special Care
Indian Hill Country Club
Infinity Music Hall & Bistro
J. Timothy’s Taverne

Leadership
44th Annual Golf Open – September 10, 2014

Location: Timberlin Golf Course, Berlin, CT
Co-Chairs: John A. Barbieri & Timothy Stewart

Honorary Chair: The Carrier Family

Corporate Sponsors

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- Janet Marino
- Frank Marrocco
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- Stanley Black & Decker

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- Eagle Sponsors $3,500
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- New Britain Herald
- Pension Consultants
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- Toor Collins Spring.

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- Town & Country Transportation

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- Suburban Stationers, Inc.
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- Anatol Laska
- Frances Lernyc
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James Mahoney
Angela Manafort
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Christine Matteo
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Agency Highlights

CCARC’s mission to “Make Dreams Happen” for people with disabilities is accomplished on a daily basis by providing excellent quality, personalized residential and day services.

We are pleased to share the following “Highlights” featuring the accomplishments, activities, community support and special events that comprised the life of CCARC over the past year. All of these experiences enhance the development of the people we serve, not only as individuals, but as valued members of society.

OUR SERVICES

- A total of 167 adults were supported by Individual and Family Support Services during this past fiscal year. This is inclusive of our contract with the Department of Developmental Services (DDS), various school districts and private Intermediate Care Facility (ICF) funders.

Our day services staff collaborate and design programming to help participants acquire, improve and/or retain skills and abilities that prepare them to contribute in the community, and to socialize and enjoy leisure activities. Individuals participate in life skills training, volunteer work, prevocational training, and recreation/cultural events.

- Personal Enrichment and Education through Respite Services, also known as PEERS, offers individuals who live at home with their families the opportunity to participate in a variety of recreational and leisure time activities that focus on their interests and enhance their quality of life. The program also affords parents and caregivers a period of relief (respite) from the ongoing responsibilities associated with providing care for an adult with disabilities.

- Residential Services supported 71 individuals throughout all of the residential settings. This includes 61 individuals in our 11 Community Living Arrangements (CLA) locations, four individuals in our Continuous Residential Supports (CRS), in addition to the five residents in our supported living apartments. One client received in-home support while living at home with family.

Residential services range from intermittent for those who live in apartments or with family, to 24/7 extensive support for those who live in group homes (CLAs) or continuous residential settings. Group homes are located in New Britain, Berlin, Plainville, Bristol and Rocky Hill. Each of these well-maintained, secure, family-style houses offer residents the opportunity to acquire and refine life skills. Residential Services Instructors work with residents to assist them in reaching their goals and provide support in all aspects of daily living and community and social interaction.

General Donations 2014 – 2015

10th Anniversary – Opening of Slater Road Facility
Charles Boos, Kaestle Boos Associates, Inc.
Keith Czarnecki, Enterprise Builders

Personal Enrichment and Education Through Respite Services (PEERS)
Susan Boyle
Community Chest of New Britain & Berlin
Knights of Columbus Council 12
Knights of Columbus Council 3675
United Way of Central & Northeastern CT

2015 Art Show
Lillian Agostini,
New Britain Transportation Co.
Cathy Vacchelli,
CKV Accounting Services
Steve Westall, State Farm Insurance

Restricted
Richard & Judy Boyle
Rotary Club of New Britain & Berlin
Michael Wiernasz

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Hampton Inn & Suites, Farmington
Noreen Hills
Bernadette Knowles
Walter Latko
Lowe’s Home Improvement
Nancy Lucia
Mare Florest
Esther McIntosh
Joanna Murphy
We are grateful for each of our faithful donors and their dedication to helping CCARC accomplish its mission.

Agency Highlights

- Our Clinical Services team, composed of nurses and behaviorists, employs a person-centered approach to address the healthcare and behavioral needs of those participating in both our day and residential services. CCARC’s behaviorists collaborate with psychiatrists, psychologists and clinicians to create effective and innovative plans promoting optimal quality of life and encouraging maximum independence for individuals. Plans emphasize a proactive approach utilizing strategies and coping skills to build on strengths and foster growth.

OUR WORKPLACE

- CCARC employed 273 employees within administration, day and residential services. All employees received extensive training related to their specific department as well as medical issues, disability awareness and sensitivity, fire safety, CPR and first aid, defensive driving, professional communication and other pertinent subjects.

- Dr. Stephen Becker of Becker Consulting, LLC, presented supervisory trainings to the management team during 2015. Through both group and individual sessions, Dr. Becker provided the opportunity to learn and apply various techniques to enhance supervisory skills.

- Chief Operating Officer, Maureen Cardone and Jennifer Roszenweig, Director of Individual and Family Supports were nominated and awarded The Women in Leadership Award by the New Britain YWCA. This award is presented to women that make a contribution to their organizations and make a difference in the lives of others.

OPERATIONS & FACILITIES

- Our small, but very efficient three-person Operations staff oversee the day-to-day maintenance and upkeep of CCARC’s main facility on Slater Road as well as 11 group homes located in several central Connecticut towns and cities.

- CCARC also maintains a fleet of 47 vehicles, ranging from cars to wheelchair vans, to transport many of the individuals receiving our services.

- In 2015, the State of CT Department of Transportation awarded CCARC a grant to purchase a new wheelchair transportation van to upgrade our fleet.
COMMUNITY SUPPORT & CONNECTIONS

- **The Community Chest of New Britain and Berlin** granted $15,000 in support of CCARC’s Personal Enrichment and Education through Respite Services (PEERS) program. Their investment, combined with a $14,200 Community Investment Award from the United Way of Central and Northeastern CT were crucial to providing this very important program.

- In partnership with the Hospital for Special Care and Oak Hill, CCARC applied for and has been awarded funding through the State of Connecticut’s Nonprofit Collaboration Incentive Grant Program to develop a multi-sensory stimulation room to be shared by all three organizations. The room will be located at one of the Hospital for Special Care’s properties in New Britain and will feature specialized equipment that is used to help stimulate and relax individuals with intellectual disabilities and other conditions such as autism.

- A donation from the New Britain/Berlin Rotary Club allowed for the purchase of a Sera-Lift to assist individuals with their personal hygiene needs. This piece of equipment has been a tremendous benefit for the people we serve and the staff that care for them on a daily basis. The Berlin Lions Charities generous support was also a great encouragement.

- The **Italian Heritage Foundation** continued their longstanding tradition of sponsoring both spring and fall dinner dances for all of the individuals served by CCARC. Held next door at St. Jerome’s R.C. Church hall, these events always prove to be a much anticipated highpoint of the year. Students from the Berlin High School Interact Club play an important role decorating the gymnasium, serving dinner, engaging with our individuals and even cleaning up after the event.

- **The Knights of Columbus Council 3675 and Daly Council 12** continue to generously support CCARC with donations collected through the annual “Tootsie Roll Drive.” This nationwide “Campaign for Intellectual Disabilities” encourages the public to make a contribution and in appreciation they are offered candy, often a Tootsie Roll. We are extremely grateful to benefit from their ongoing kindness.

- The support of the religious community in New Britain continues to be a wonderful blessing to CCARC. Each year at Christmastime, St. Francis of Assisi parish provides personal gifts for the individuals receiving our services, and friends from Grace Church support our fashion show. St. Jerome R.C. Church located next door to our Slater Road facility allows us to use their parking lot on a daily basis and their church hall for our dinner dances.

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**Agency Highlights**

**Donations to CCARC Foundation, Inc. 2014 – 2015**

**General Donations**
- Charles Boos
- Richard & Nancy Judd
- Melinda O’Connor through the CFGNB

**Through the Travelers**
- Community Campaign
  - Paul Sangeloty
  - Robert Hanawalt

**Survey Response Donations**
- Alicia Jablonski
- Ellen McCabe
- Kirsten Merkle
- Carroll Murphy

**Memorial Donations are Directed to the CCARC Foundation, Inc.**
- The following friends of CCARC were remembered in this special way by their loved ones:
  - In memory of Vivian Alfano
    - Richard & Judy Boyle
  - In memory of Amanda Coufal
    - Mike Coufal
    - David & Darlene Foy
    - Helen Whitman
  - In memory of John Davis, Jr.
    - Robert & Cathy Vacchelli
  - In memory of Margaret DeNino
    - Patricia Bostwick
    - Helen & Charles Kruczek
    - Susan O’Connell & Jean Kane
    - Hilda & Michael Pacinda
    - Michael & Kathy Pacinda
    - Robert & Mary Turner
    - Dorothy & Gary Vesci
  - In memory of John Eveleth
    - John Eveleth, Jr.
    - Richard & Nancy Judd
    - Jean Plocharczyk
    - Anne Ruwet

**In memory of David Greiner**
- Irene Kerr
- Margaret & James Riordan
- Richard & Terry Roach
- Anne Ruwet

**In memory of Victoria Karvoski**
- Jill Fletcher

**In memory of Richard Martin**
- Evelyn Mudd

**In memory of James Murphy**
- Charles Powell
- **In memory of Michael Rauschenbach**
- Anne Ruwet

**In memory of Joseph Ruwet**
- John & Barbara Barbieri
- CCARC Board of Directors
- Richard & Nancy Judd
- Jean Plocharczyk & Family
- Marion Sangeloty

**In memory of Tony Pappalardo**
- Richard & Judith Boyle
- Anne Ruwet
- Phyllis Visnauskas

**In memory of Ruth Postl**
- Richard & Judith Boyle
- Norma Crandall
- Anne Ruwet

**In memory of Grover & Vivian Smith**
- Jean Plocharczyk & Family

**In memory of Grover Smith**
- Meridian Tower Tenants Association

**In memory of Donna Thieringer**
- Anne Ruwet

**In memory of John Visnauskas**
- Lillian Agostini (Restricted to PEERS)
- Stanton & Gloria Avitabile
- Louise Belkin
- Shirley Bernacki
- Janette Blackburn
- Richard & Judith Boyle
- Dorothy Bruno
- Mary Bugnacki
- The Correa Family
- William & Jane Coyle
- Rose Mary Delldonna
- Richard & Cele Difusco
- Julie Erickson
- Victor & Elizabeth Fumiatti
- Christine Hayes
- Maureen Heckman
- Tiffany Herrick
- The Hospital of Central CT Auxiliary
- Gregory & Barbara Howey
- Gary Jaye through the CFGNB
- Sally Johnson
- Richard & Nancy Judd
- Sharon Keyes
- Kenneth & Pauline Kezer
- Marilyn Krakowsky
- Carl & Dorothy Krein
- Gregory Manning
- Harry & Janice Mazadoorian
- Virginia McKernan
- Joan Mercier
- Salvatore Miano
- Robert Mugford
- Mary Pappalardo
- Stanley & Jean Plocharczyk
- Ulla Riccio
- Richard & Terry Roach
- Anne Ruwet
- Scott & Ardith Schneider
- Suburban Woman's Club of NB
- Donald & Patricia Trevor
- J. J. Watson
- Emilie Yunka
- Amedeo & Theresa Zovich

**In memory of Andrew Wiernasz**
- John Barbieri
- Richard & Judith Boyle
- Tina DeMarco
- Gaetano & Filomena DiMatteo
- David & Juliana Erickson
- Gabriele Godlewski
- Nelida & Anatol Laska
- Frances Lorenz
- Paula & Peter Pellegrino
- Richard & Terry Roach
- Anne Ruwet
- Gay & Jonathan Scott
- Barbara-Jane Sidlik
- Donna Wollschlager
In 2008, CCARC, Inc. established the CCARC Foundation, Inc. to serve as our “nest egg.”

The purpose of creating an endowment is to help secure the long-term financial viability of both our programs and our facilities. A Planned Giving Campaign launched in 2012 presented the opportunity for families, supporters, and other donors to determine ways to invest in CCARC’s future while continuing to provide for their own personal needs. Planned Gifts are designed to do just that.

Our initial objective was to raise $2 million. The current value of our endowment rests at approximately $1.1 million. We realize we must continue to nurture and grow that amount if CCARC is to have a reasonable cushion to sustain the organization in the face of whatever may lie ahead. Unlike you and me, CCARC is not “saving up for retirement.” As long as there are men and women needing the special kind of care we are privileged to provide, we fully intend to keep working on their behalf.

Simple Ways to Create a Lasting Legacy

Planned Giving is a personal matter, taking into account your family’s wishes and goals. Talking with your attorney or financial advisor is the first step in what can prove to be a very rewarding experience. One of the best gifts you can give your children is setting forth your desires in your Will to eliminate confusion and heartache down the road. Bequests, gifts of real estate and other assets made through estate planning, and the establishment of charitable trusts are all time-tested approaches to leaving a legacy and even experiencing the joy of philanthropy while you are still alive.

You don’t need to be a millionaire to be a “philanthropist.” Philanthropy is the art of being kindhearted and having the desire to promote the welfare of others. Please remember CCARC as you think about the legacy you want to create for yourself and your family. We are hoping you will want to be known as someone who considered it worthwhile to “Make Dreams Happen” for individuals with disabilities.

Simple Wisdom

Everyone understands the value of creating a “nest egg.” Whether large or small, the wisdom of protecting a portion of one’s hard earned savings is undeniable.
Agency Highlights

OUR SPECIAL EVENTS

CCARC’s two major events raise crucial support for our services through the generous sponsorships of area companies and the participation of community members.

• The 44th Annual Golf Open was held at Timberlin Golf Course in Berlin on September 10, 2014. This significant fundraiser offered a fabulous day of 18 holes of golf, lunch, and awards followed by a sumptuous dinner and fabulous prizes.

• Held on March 20, 2015 at St. George Greek Orthodox Hall, the 10th Annual Toast to Fashion honored each of the past chairwomen of the event. A sold-out occasion, the evening featured dinner by Teresa’s Catering, live and silent auctions and both men’s and women’s fashions presented by Chico’s, Stylish Impressions, Connecticut Furs and Jos. A. Bank.

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Financial Statement 2014 – 2015

Fiscal year 2015 was marked by several changes, including the closure of two Continuous Residential Support homes and the relocation of residents to vacancies within our Community Living Arrangements. For the tenth consecutive year, the Department of Developmental Services provided no increase to our contract, and several of our established rates were decreased, requiring CCARC to continue to provide excellent care with less funding.

In 2015, CCARC was the recipient of $243,000 in grant monies provided by the State of CT Nonprofit Grant Program to make several capital purchases. Grant funding and gains on proceeds from our fundraising events contributed to ending the year in a net gain position of $302,710.

REVENUE

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
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</tr>
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<tbody>
<tr>
<td>Residential Services Revenue</td>
<td>6,810,120</td>
<td>6,658,733</td>
</tr>
<tr>
<td>Day Services Revenue</td>
<td>2,915,002</td>
<td>2,514,335</td>
</tr>
<tr>
<td>Room and Board Revenue - DSS</td>
<td>776,784</td>
<td>772,001</td>
</tr>
<tr>
<td>Fees-towns, individuals &amp; others</td>
<td>307,452</td>
<td>779,699</td>
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<tr>
<td>Fundraising</td>
<td>123,050</td>
<td>120,741</td>
</tr>
<tr>
<td>* Other</td>
<td>153,974</td>
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</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>114,532</td>
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TOTAL REVENUE 11,195,914 ... 11,667,133

* Other: CCARC Foundation, United Way, Donations, Interest Income, Miscellaneous

EXPENSES

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
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<tbody>
<tr>
<td>Community Living Arrangements</td>
<td>5,668,960</td>
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</tr>
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TOTAL EXPENSE 11,061,107 ... 11,206,613

Gain (loss) on interest rate swap 39,696 36,967

Increase (Decrease) in temporarily restricted net assets 128,207 (308,640)

NET INCOME 302,710...188,847
Agency Highlights

**OUR SPECIAL EVENTS**

CCARC’s two major events raise crucial support for our services through the generous sponsorships of area companies and the participation of community members.

- **The 44th Annual Golf Open was held at Timberlin Golf Course in Berlin on September 10, 2014.** This significant fundraiser offered a fabulous day of 18 holes of golf, lunch, and awards followed by a sumptuous dinner and fabulous prizes.

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- CCARC’s Self-Advocacy Program was honored by the “Yes I Can” Mary Perez Self-Advocacy Award.
  
  **Legend - revenue**
  
  - Residential Services Revenue
  - Day Services Revenue
  - Room and Board Revenue - DSS
  - Fees-towns, individuals & others
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  - Net assets released from restrictions

- **Financial Statement 2014 – 2015**

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  **Legend - expenses**
  
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  - Day Services
  - Administrative & General
  - Continuous Residential Support
  - Individual Home Support
  - Other Services

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In 2008, CCARC, Inc. established the CCARC Foundation, Inc. to serve as our “nest egg.”

The purpose of creating an endowment is to help secure the long-term financial viability of both our programs and our facilities. A Planned Giving Campaign launched in 2012 presented the opportunity for families, supporters, and other donors to determine ways to invest in CCARC’s future while continuing to provide for their own personal needs. Planned Gifts are designed to do just that.

Our initial objective was to raise $2 million. The current value of our endowment rests at approximately $1.1 million. We realize we must continue to nurture and grow that amount if CCARC is to have a reasonable cushion to sustain the organization in the face of whatever may lie ahead. Unlike you and me, CCARC is not “saving up for retirement.” As long as there are men and women needing the special kind of care we are privileged to provide, we fully intend to keep working on their behalf.

Simple Ways to Create a Lasting Legacy

Planned Giving is a personal matter, taking into account your family’s wishes and goals. Talking with your attorney or financial advisor is the first step in what can prove to be a very rewarding experience. One of the best gifts you can give your children is setting forth your desires in your Will to eliminate confusion and heartache down the road. Bequests, gifts of real estate and other assets made through estate planning, and the establishment of charitable trusts are all time-tested approaches to leaving a legacy and even experiencing the joy of philanthropy while you are still alive.

You don’t need to be a millionaire to be a “philanthropist.” Philanthropy is the art of being kindhearted and having the desire to promote the welfare of others. Please remember CCARC as you think about the legacy you want to create for yourself and your family. We are hoping you will want to be known as someone who considered it worthwhile to “Make Dreams Happen” for individuals with disabilities.

Every year, CCARC participates in a variety of:\n\n**Advocacy:**
- CCARC partnered with nine area human service providers to host a **“Community of Champions” Legislative Breakfast** at our Slater Road facility on December 17, 2014. Legislators that attended were given the opportunity to hear from families, self-advocates and nonprofit leaders about the issues impacting their organizations and the people they serve.
- Day Services participants, staff and managers visited the Legislative Office Building in Hartford on March 6, 2015 to advocate for no cuts to services in the Governor’s budget and a need for staff wage increases.
- On April 8, 2015, a group of staff and family members representing CCARC joined with our legislators to attend a press conference to kick-off **“Lobby Day” at the State Capitol.** Under the umbrella message **#PeopleMatter**, a coalition of nonprofits gathered to remind others that people with disabilities do matter and their needs for services must not be forgotten by the Appropriations Committee.

**Agency Highlights**

- CCARC continues to be a clinical site for the Central CT State University RN to BSN Nursing Program. Students involved in this program are required to spend hours at a community agency concurrent with their community health course “Population and Community-Based Nursing Care.”
- CCARC participated in the Capital Workforce Partner’s Youth Employment and Learning program through the Opportunities Industrialization Center of New Britain. This was a great opportunity for CCARC, as well as for the youth assigned to the agency. The program teaches job readiness skills needed to obtain and retain employment.
- Over this past year, individuals participating in the Group Supported Employment component of our day services volunteered and held paid positions at Farmington Bank, Walgreens, New Britain Candy Company, several local churches and a number of area restaurants.

**Simple Wisdom**

Everyone understands the value of creating a “nest egg.” Whether large or small, the wisdom of protecting a portion of one’s hard earned savings is undeniable.
Agency Highlights

COMMUNITY SUPPORT & CONNECTIONS

• The Community Chest of New Britain and Berlin granted $15,000 in support of CCARC’s Personal Enrichment and Education through Respite Services (PEERS) program. Their investment, combined with a $14,200 Community Investment Award from the United Way of Central and Northeastern CT were crucial to providing this very important program.

• In partnership with the Hospital for Special Care and Oak Hill, CCARC applied for and has been awarded funding through the State of Connecticut’s Nonprofit Collaboration Incentive Grant Program to develop a multi-sensory stimulation room to be shared by all three organizations. The room will be located at one of the Hospital for Special Care’s properties in New Britain and will feature specialized equipment that is used to help stimulate and relax individuals with intellectual disabilities and other conditions such as autism.

• A donation from the New Britain/Berlin Rotary Club allowed for the purchase of a Sera-Lift to assist individuals with their personal hygiene needs. This piece of equipment has been a tremendous benefit for the people we serve and the staff that care for them on a daily basis. The Berlin Lions Charities generous support was also a great encouragement.

• The Italian Heritage Foundation continued their longstanding tradition of sponsoring both spring and fall dinner dances for all of the individuals served by CCARC. Held next door at St. Jerome’s R.C. Church hall, these events always prove to be a much anticipated highlight of the year. Students from the Berlin High School Interact Club play an important role decorating the gymnasium, serving dinner, engaging with our individuals and even cleaning up after the event.

• The Knights of Columbus Council 3675 and Daly Council 12 continue to generously support CCARC with donations collected through the annual “Tootsie Roll Drive.” This nationwide “Campaign for Intellectual Disabilities” encourages the public to make a contribution and in appreciation they are offered candy, often a Tootsie Roll. We are extremely grateful to benefit from their ongoing kindness.

• The support of the religious community in New Britain continues to be a wonderful blessing to CCARC. Each year at Christmas, St. Francis of Assisi parish provides personal gifts for the individuals receiving our services, and friends from Grace Church support our fashion show. St. Jerome R.C. Church located next door to our Slater Road facility allows us to use their parking lot on a daily basis and their church hall for our dinner dances.

Donations to CCARC Foundation, Inc. 2014 – 2015

General Donations
Charles Boos
Richard & Nancy Judd
Melinda O’Connor through the CFGNB

Through the Travelers
Paul Sangeloty
Robert Hanawalt

Survey Response Donations
Alicia Jablonski
Ellen McCabe
Kirsten Merkle
Carroll Murphy

Memorial Donations are Directed to the CCARC Foundation, Inc.
The following friends of CCARC were remembered in this special way by their loved ones.
In memory of Vivian Alfano
Richard & Judy Boyle

In memory of Amanda Coufal
Mike Coufal
David & Darlene Foy
Helen Whitman

In memory of John Davis, Jr.
Robert & Cathy Vacchelli

In memory of Margaret DeNino
Patricia Bostwick
Helen & Charles Kruczek
Susan O’Connell & Jean Kane
Hilda & Michael Pacinda
Michael & Kathy Pacinda
Robert & Mary Turner
Dorothy & Gary Vesci

In memory of John Eveleth
John Eveleth, Jr.
Richard & Nancy Judd
Jean Plocharcyzk
Anne Ruwet

In memory of David Greiner
Irene Kerr
Margaret & James Riordan
Richard & Terry Roach
Anne Ruwet

In memory of Victoria Karvoski
Jill Fletcher

In memory of Richard Martin
Evelyn Mudd

In memory of James Murphy
Charles Powell

In memory of Michael Rauschenbach
Anne Ruwet

In memory of Joseph Ruwet
John & Barbara Barbieri
CCARC Board of Directors
Richard & Nancy Judd
Jean Plocharcyzk & Family
Marion Sangeloty

In memory of Tony Pappalardo
Richard & Judith Boyle
Anne Ruwet
Phyllis Vissnauskas

In memory of Ruth Postl
Richard & Judith Boyle
Norma Crandall
Anne Ruwet

In memory of Grover & Vivian Smith
Jean Plocharcyzk & Family

In memory of Grover Smith
Meridian Tower Tenants Association

In memory of Donna Thieringer
Anne Ruwet

In memory of John Visnauskas
Lillian Agostini (Restricted to PEERS)
Stanton & Gloria Avtibale
Louise Belkin
Shirley Bernacki
Janette Blackburn
Richard & Judith Boyle
Dorothy Bruno
Mary Bugnacki
The Correa Family
William & Jane Coyle
Rose Mary Delldonna
Richard & Cele Difusco
Julie Erickson
Victor & Elizabeth Fumiaatti

In memory of

Christine Hayes
Maureen Heckman
Tiffany Herrick
The Hospital of Central CT Auxiliary
Gregory & Barbara Howey
Gary Jaye through the CFGNB
Sally Johnson
Richard & Nancy Judd
Sharon Keyes
Kenneth & Pauline Kezer
Marilyn Kraczkowsky
Carl & Dorothy Krein
Gregory Manning
Harry & Janice Mazadoorian
Virginia McKernan
Joan Mercier
Salvatore Miano
Robert Mugford
Mary Pappalardo
Stanley & Jean Plocharcyzk
Ulla Riccio
Richard & Terry Roach
Anne Ruwet
Scott & Arthid Schneider
Suburban Woman’s Club of NB
Donald & Patricia Trotvinger
J. J. Watson
Emile Yunka
Amedeo & Theresa Zovich

In memory of

Andrew Wiernasz
John Barbieri
Richard & Judith Boyle
Tina DeMarco
Gaetano & Filomena DiMatteo
David & Juliana Erickson
Gabriele Godlewski
Edith & Anatol Laska
Frances Lorenc
Paula & Peter Pellegrino
Richard & Terry Roach
Anne Ruwet
Guy & Jonathan Scott
Barbara-Jane Sidlik
Donna Wollschlager
Annual Appeal 2014 – 2015

Co-Chairs: Lillian Agostini and Nancy Judd

Benefactor $2,500 and above
Wayne & Mary Doran
David & Randi Manafort

Director’s Guild $1,000-$2,499
Sophia Nieder
Anne Ruwer
The Honorable Robert & Cathy Vacchelli

President’s Circle $500-$999
Jon & Patricia Font
John & Mary Gilbert
Gregory & Barbara Howey
Richard & Nancy Judd
Jack & Betsy Waler

The 1952 Club $250-$499
Stephen Anderson
Ted Anderson
John & Pamela D’Amico
Jason & Terese Howey
David & Arienne Trope
Emestine Weaver

Slater Road Society $100-$249
Lillian Agostini
Mary Jean Agostini
Cheryl Austin
William & Annette Banulski
Atty. John & Barbara Barbieri
William & Dolores Gawitt

Slater Road Society $250-$499
Lillian Agostini
Mary Jean Agostini
Cheryl Austin
William & Annette Banulski
Atty. John & Barbara Barbieri
Bell Electrical Contractors
Anthony & Pamela Bianca
Richard & Judith Boyle
Roderick Brown
Atty. Michael & Rita Carrier
The Honorable Walter Clebowicz
Paul & Ronni D’Addabbo
Atty. Nick DelVecchio
Peter Denuzer
Diamond Brite Car Care
Arlene Dunlop
Atty. William & Norma Dworski
John & Patricia Ferrantino
Michael & Laura Foran
Paul & Linda Formanek
Victor & Betty Fumiatti
Ernie Groth
William Hall
Steven & Lisa Hanks
Peter & Nancy Hansen
David & Antoinette Horton
Italian Fraternal Society
Janis Jerman
Donald & Laurel Kieplicki
Anthony & Mary Lazzaro
Terrence & Nonnie Lescoe
Carl & Susan Lovitt
David & Nancy MacDonald
Donald & Jean Marr
Harry & Janice Mazzaonian
Dr. Patricia McDonald
Santa Mario
Faith Ondrick

Joseph Gustin
Mirza & Alicia Jablonski
John Jakubauskas
Atty. Dennis Kern
Molly Knapack
Carl & Dorothy Krein
Charles LaMont
Anatis Laska
Frances Lorenz
Ian & Sylvia Lucas
Frances Maerz
Edwin & Joan Mercier
Jane Mercure
Kirsten Merkle

We are grateful for each of our faithful donors and their dedication to helping CCARC accomplish its mission.

Hugh & Lois Penney
Lorraine Rakowski
Gregory Reynolds
Mark Riordan
Gary & Dolores Robinson
Paul & Annette Salina
Andres & Graciela Sinisterra
John Smedberg, Jr.
Dr. Thomas Spignesi
Gregory & Suzanne Stafstrom
Suburban Stationers, Inc.
Kyle & Joanne Watson
Lindsey & Gwendolyn Wellman
Atty. Richard Wit

Honorable Roll up to $99
William & Ronda Agostinucci
Luizida Antonacci
Chris Badera
Rhonda Baker
Aime Brochu
Jane Carney
Shuhao & Nora Chang
Dennis & Kathleen Ciccarillo
Louis Daddona
Catherine Daddona
Donald & Diane Defonzi
Robert & Edna Demery
Robert Duval
Charles Floyd
Paul & Dolores Gawitt
Michael Gorzoch & Maria Simao

Gary Mongillo
Jose & Rosario Morant
Wanda Olszewski
Jadwiga Parus
Anne Parker
Steven Perry
Ted Pisk
Stanley & Jean Plocharczyk
Lois Ratavich
Richard & Mary Reynolds
Richard & Terry Roach
Rochefort’s Heating & Air Conditioning
Zbigiew & Teresa Roszkowski
Frances Russell
Marion Sangeloty
William Schuch
Marion Sgroi-Varano
Raymond & Eileen Spurgus
Atty. Thomas Tabellione
Hildegard Tuomala
Barbara Yezierski

Agency Highlights

• Our Clinical Services team, composed of nurses and behaviorists, employs a person-centered approach to address the healthcare and behavioral needs of those participating in both our day and residential services. CCARC’s behaviorists collaborate with psychiatrists, psychologists and clinicians to create effective and innovative plans promoting optimal quality of life and encouraging maximum independence for individuals. Plans emphasize a proactive approach utilizing strategies and coping skills to build on strengths and foster growth.

OUR WORKPLACE

• CCARC employed 273 employees within administration, day and residential services. All employees received extensive training related to their specific department as well as medical issues, disability awareness and sensitivity, fire safety, CPR and first aid, defensive driving, professional communication and other pertinent subjects.

• Dr. Stephen Becker of Becker Consulting, LLC, presented supervisory trainings to the management team during 2015. Through both group and individual sessions, Dr. Becker provided the opportunity to learn and apply various techniques to enhance supervisory skills.

• Chief Operating Officer, Maureen Cardone and Jennifer Rosenzweig, Director of Individual and Family Supports were nominated and awarded The Women in Leadership Award by the New Britain YWCA. This award is presented to women that make a contribution to their organizations and make a difference in the lives of others.

OPERATIONS & FACILITIES

• Our small, but very efficient three-person Operations staff oversee the day-to-day maintenance and upkeep of CCARC’s main facility on Slater Road as well as 11 group homes located in several Central Connecticut towns and cities.

• CCARC also maintains a fleet of 47 vehicles, ranging from cars to wheelchair vans, to transport many of the individuals receiving our services.

• In 2015, the State of CT Department of Transportation awarded CCARC a grant to purchase a new wheelchair transportation van to upgrade our fleet.
Agency Highlights

CCARC’s mission to “Make Dreams Happen” for people with disabilities is accomplished on a daily basis by providing excellent quality, personalized residential and day services.

We are pleased to share the following “Highlights” featuring the accomplishments, activities, community support and special events that comprised the life of CCARC over the past year. All of these experiences enhance the development of the people we serve, not only as individuals, but as valued members of society.

OUR SERVICES

- **A total of 167 adults were supported by Individual and Family Support Services** during this past fiscal year. This is inclusive of our contract with the Department of Developmental Services (DDS), various school districts and private Intermediate Care Facility (ICF) funders.

  Our day services staff collaborate and design programming to help participants acquire, improve and/or retain skills and abilities that prepare them to contribute in the community, and to socialize and enjoy leisure activities. Individuals participate in life skills training, volunteer work, prevocational training, and recreation/cultural events.

- **Personal Enrichment and Education through Respite Services**, also known as PEERS, offers individuals who live at home with their families the opportunity to participate in a variety of recreational and leisure time activities that focus on their interests and enhance their quality of life. The program also affords parents and caregivers a period of relief (respite) from the ongoing responsibilities associated with providing care for an adult with disabilities.

- **Residential Services supported 71 individuals throughout all of the residential settings.** This includes 61 individuals in our 11 Community Living Arrangements (CLA) locations, four individuals in our Continuous Residential Supports (CRS), in addition to the five residents in our supported living apartments. One client received in-home support while living at home with family.

  Residential services range from intermittent for those who live in apartments or with family, to 24/7 extensive support for those who live in group homes (CLAs) or continuous residential settings. Group homes are located in New Britain, Berlin, Plainville, Bristol and Rocky Hill. Each of these well-maintained, secure, family-style houses offer residents the opportunity to acquire and refine life skills. Residential Services Instructors work with residents to assist them in reaching their goals and provide support in all aspects of daily living and community and social interaction.

General Donations 2014 – 2015

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<th>Restricted</th>
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<td>Aetna Foundation Employee Campaign</td>
<td>Rotary Club of New Britain &amp; Berlin</td>
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<td>Berlin Lions Charities</td>
<td>Michael Wiensz</td>
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<td>Arline Dunlop</td>
<td>New Britain Transportation Co.</td>
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<tr>
<td>Robert Duval</td>
<td>Cathy Vacchelli</td>
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<tr>
<td>Laura Foran</td>
<td>DKV Accounting Services</td>
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<td>Frank and Ernestine Freepin Fund of the Community Foundation of Greater New Britain</td>
<td>Steve Westall, State Farm Insurance</td>
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<td>Eileen Goburn</td>
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<td>Robert Harawalt</td>
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<td>Kristin Kocs, Lindquist Insurance Associates</td>
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<td>Charles Lamont</td>
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<td>Nelida Laska</td>
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<td>Manafort Family Foundation</td>
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<td>James Murphy</td>
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<td>Sophia Niebler</td>
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<td>Andrew Palvermacher, Hallmark Totaltech, Inc.</td>
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<td>Hugh &amp; Lois Penney Fund of the Community Foundation of Greater New Britain</td>
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<td>Paul Sangeloty</td>
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<td>Stanley Seniors Charitable Foundation</td>
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<td>The Traveler’s Community Campaign</td>
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10th Anniversary – Opening of Slater Road Facility

- Charles Boos, Kaestle Boos Associates, Inc.
- Keith Czarnecki, Enterprise Builders

Personal Enrichment and Education Through Respite Services (PEERS)

- Susan Boyle
- Community Chest of New Britain & Berlin
- Knights of Columbus Council 12
- Knights of Columbus Council 3675
- United Way of Central & Northeastern CT

2015 Art Show

- Lilian Agodini, New Britain Transportation Co.
- Cathy Vacchelli, DKV Accounting Services
- Steve Westall, State Farm Insurance

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- Ryan Bingham
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- Walter Latko
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- Esther McIntosh
- Joanna Murphy

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New Britain Youth Museum
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Jean Rochmarczyk
Mary Paulette Pappalardo
Art Schaller
Ursula Sovinski
Sir Speedy
Debbie Smith
Spring Brook Ice and Fuel Service
StanChem
Stew Leonard’s Teresa’s Catering
Christopher Timma
Voya
Michael Wiensz
Sharena Yopp
44th Annual Golf Open – September 10, 2014

Location: Timberlin Golf Course, Berlin, CT
Co-Chairs: John A. Barbieri & Timothy Stewart
Honorary Chair: The Carrier Family

Dinner Sponsors $5,000
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Stanley Black & Decker

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Anne Ruwet

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44th Annual Golf Open – September 10, 2014

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* Indicates that a second term is being served
Dear Friends:

Even in the face of serious financial challenges, it is once again my sincere privilege to share with you a most remarkable year for CCARC. With grateful thanks to friends, sponsors, committed and devoted parents, our community, city and state partners, we were able to continue providing outstanding and superior services to those exceptional individuals we are honored to serve.

Giving credit where credit is due, I applaud our CEO Anne Ruwet for recognizing and recruiting exceptional volunteer and professional leadership. Thanks also to the remarkable staff of CCARC who fulfill our mission to “Make Dreams Happen!” It is no small wonder that the annual fashion show, golf tournament and annual appeal have successfully helped us bridge the financial gaps we face. The record-breaking support of these events provides the margin of excellence to serve people with intellectual disabilities.

Importantly, CCARC has gained new recognition in our communities with widespread media coverage sharing how we give substance to the dreams of our clients. I invite all to catch the joy of knowing those who need us more than words can communicate.

My gratitude goes out to everyone, including staff, family members and the people we are privileged to support for their advocacy over the past year. They diligently delivered the message “#PeopleMatter” by attending public hearings and lobby days or sending e-mails to our state partners.

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Thanks to our hardworking staff, CCARC continues to creatively and efficiently balance its resources without impacting the quality of care provided to the wonderful people who receive our services. These individuals face the daily struggle of living with significant intellectual and physical disabilities, yet their unique personalities, resiliency, and grateful hearts continue to be my daily source of inspiration!
CCARC, Inc. was founded in 1952 by a group of concerned parents of children with intellectual disabilities, such as Down Syndrome, and other developmental disabilities. Together they formed an association to encourage one another and explore educational, social and vocational options for their children.

Today, CCARC, Inc. is a leading private, nonprofit charitable 501 (c) (3) organization dedicated to providing personalized services to adults living with intellectual disabilities and a variety of physical challenges.

CCARC offers an array of day services from our main facility in New Britain. Individual and Family Support Services assist approximately 200 men and women and provide numerous opportunities for social, community and work experience. We also support nearly 75 adults in a total of thirteen community-based residential settings located throughout Central Connecticut.

CCARC’s services are licensed by the State of CT Department of Developmental Services and the State of CT Department of Social Services. All programs are in compliance with state and federal regulatory entities.
“We Make Dreams Happen”

“Pizza” by CCARC Artists, Kevin & Vicky

For more information about CCARC please visit www.ccarc.com or call 860-229-6665.